

# Field & Fork

— COUNTRY KITCHEN —  
Est. 1750

*Welcome to our Country Kitchen*

In the historic heart of Swellendam, Field & Fork is set in the Old Secretary's House, a building that dates back to the 1750s. Surrounded by history and charm, it's a place to slow down, settle in, and feel at home. Now under new ownership since 2025, our focus is on refining and simplifying the experience, while keeping things warm, welcoming, and unpretentious. We are not fine dining—instead, we serve hearty, honest food, prepared with care and served with genuine hospitality. Next door, our owners also run the Country Deli, offering freshly baked bread, excellent coffee, flowers, and simple, comforting bites.

We hope you enjoy your time with us.

Stay warm, relax, and enjoy a slow, easy evening with us.

*Enjoy any two course for R350 and get a complimentary glass of our house wine*

## Starter

### Butternut Soup

Slow-roasted butternut soup, finished with a touch of cream and toasted pumpkin seeds. Served with freshly baked ciabatta and butter R90

### Creamy Roasted Tomato Soup

Slow roasted Roma tomatoes, blended with caramelised garlic and topped with basil pesto and crisp croutons. Served with freshly baked ciabatta and butter R90

### Wild Mushroom Risotto

Creamy Arborio rice cooked with a selection of earthy mushrooms, finished with Parmesan and a drizzle of truffle oil R90  
Also available as a main R210

### Mussels in White Wine & Garlic Cream

Mussels cooked in a fragrant white wine, garlic and herb cream sauce, with a pinch of chilli. Served with freshly baked ciabatta R90  
Also available as a main R210

*Tipping is at your own discretion.*

*For tables seating 8 or more people, a 10% service fee will be charged*

*Thank you*

# Mains

## 200g Beef Fillet

Tender grilled beef fillet, finished with garlic and herb butter.  
Served with winter roasted root vegetables and your choice of rustic fries or  
homemade mashed potatoes. R290

## Eisbein

Braised pork knuckle, served with homemade mashed potatoes, winter  
roasted root vegetables, and a rich jus. R230

## Lamb Ragout Tagliatelle

Dutch-oven braised lamb in a rich tomato and red wine ragout with carrots,  
celery, and baby marrows, gently tossed with tagliatelle. Finished with  
Parmesan and a drizzle of olive oil R260

## Garlic Parmesan Penne

Penne pasta in a creamy garlic butter and Parmesan sauce, with spinach. R190  
Add ciabatta- crumbed- free -range chicken R70

## Butter Chicken

Tender roasted chicken in a mild curry sauce. Finished with butter and  
cream. Served with fragrant rice and a naan bread R230

## Pan-Fried Fish

Delicate hake fillet pan fried in garlic butter, accompanied by rustic fries and  
vibrant blanched green beans R230

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## *Desserts*

### Traditional Malva Pudding

A classic South African favourite, served warm with homemade custard and a scoop of vanilla ice cream R90

### Amarula Crème Brûlée

Silky baked custard infused with Amarula, finished with a crisp caramelised sugar crust R90

### Cake of the Day

Please ask your waiter about today's freshly baked selection R90

## *Side dishes*

Country Root Vegetables R60

Homemade Mashed Potatoes R60

Truffle -Infused Fries R60

Side Salad R60

## *Additional Sauces*

Mushroom | Pepper | Cheese R35

## *Kids menu*

Kiddies Chips R60

Kiddies Grilled Chicken Strips R80

Margherita Pizza R100

Hawaiian Pizza R140

Please note: Pizzas are prepared by our Country Deli next door

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# Wine list

## MCC

Please ask our waiter for our house MMC per glass	65
Springfield Garuzis Brut NV	350

## White Wines

Wine per glass. Please ask our waiter for our house wine	55
Spier 1692 Chenin Blanc	190
Spier 1692 Sauvignon Blanc	190
Spier 1692 Rose	190
Spier 1692 Chardonnay	190
Springfield Life from Stone Sauvignon Blanc	280
Springfield Albariño 2024	280
Springfield Wild Yeast Chardonnay 2023	280
Arendsig Inspirational Chenin Blanc 2023	390
Charla Haasbroek Chardonnay 2025	360
Charla Haasbroek Cape White 2025	420

## Red Wines

Wine per glass. Please ask our waiter for our house wine	55
Spier 1692 Merlot	190
Spier 1692 Cabernet Sauvignon	190
Spier 1692 Shiraz	190
Spier 1692 Pinotage	190
Olivedale Touriga Nacional 2021	310
Olivedale Tempranillo 2018	310
Springfield Whole Berry Cabernet Sauvignon 2022	310
Springfield The Work of Time 2019	390
Arendsig Pinotage 2024	380
Arendsig Shiraz 2023	380
Mountain View Baroque	420
Mountain View New World Blend	420

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# Beer/ Spirits

## Beer

Devils Peak Lager 330ml R50  
Windhoek Draft 440ml R50  
Devils Peak Golden Ale R50  
Devils Peak IPA R50  
Savanna Light R50

## Alcohol- Free Beer

Heineken Alcohol- Free R50  
Devils Peak Alcohol- Free R50

## Spirits

KWV 5 year Brandy R25  
Jack Daniel's (American) Whisky R25  
Jameson (Irish) Whisky R35  
Johnnie Walker Black Label (Scottish) Whisky R45  
Gin R25  
Vodka R25

## Other

Aperol Spritz R95  
Pimm's and Lemonade Cocktail R95  
Cocktail of the month R95  
Ask your waiter

# Soft Drinks

## Mixers

Ginger Ale R25  
Indian Tonic/ Pink Tonic R25  
Sugar -Free Indian Tonic/ Pink Tonic R25  
Lemonade R25  
Dry Lemon R25  
Soda Water R25

## Soft Drinks

Coke/Coke Light R30  
Appetizer/Grapetizer R40  
Orange Juice/ Cranberry Juice R30

## Tea/ Coffee

Pot of Earl Grey/ Five Roses/ Rooibos R40  
Plunger Coffee R40  
Espresso R30  
Assorted Coffees R40  
Please ask your waiter for specifics

## Water

Still Water 350ml R25  
Sparkling Water 350ml R25

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